

Medical Waiver form: Required if cadet does not meet standards prescribed in CCR 145-2, 1 Feb 12, Chapter 10 JCLC, paragraph 10-12 Attendance and Waivers, d.

Required Doctor's Certification for JROTC Cadet for LeaderSTATE

To the Doctor of \_\_\_\_\_.

This document describes for you're the rigor that this student will undergo while attending the \_\_\_\_\_, to \_\_\_\_\_, leadership camp at Mississippi State University, (Month) (Date) (Month) (Date)

Mississippi. The student will train both inside and outdoor classroom areas. Sleeping will be in air conditioned dormitories. Meals are provided from on campus food service operations and served both in the dining facility and at other sites on campus.

Typical Mississippi weather conditions apply with day time temperatures over 90 degrees Fahrenheit and heat indices over 100. Elevated pollen counts are not unusual.

A typical student day begins at 5AM and often runs until 9PM. While we do all we can to ensure that students are in bed for at least eight hours they often sleep little due to excitement and unfamiliar conditions. The cadet day begins with stretching and an ability group run of approximately one mile to the Sanderson Center for a group workout approximately 45 minutes in length followed by a second ability group run back to the dorm. Each day we conduct training events that are stressful, mentally, and physically demanding.

There is concern that heat-sensitive medications such as antibiotics, anti-depressants, acne, and other skin conditions, and others may pose risks to the participant. The training environment may negatively affect those who suffer from asthma, severe allergies, diabetes, or other medical conditions. All training venues have access to ambulance service and Oktibbeha County Hospital is located within seven miles.

This is a highly stressful and adventurous experience that is meant to challenge each attendee. LeaderSTATE cadets are exposed to situations that expand their comfort zone and build leadership. Prior to you clearing this student we wanted to ensure that you understood the conditions, activities, and stress that this student will experience.

I certify that cadet \_\_\_\_\_ can withstand the rigors of the LeaderSTATE summer camp. Physical Limitations hinder the cadet's opportunity to fully participate. Disqualifications or limitations are discussed below or attached.

Doctor Signature \_\_\_\_\_ Date: \_\_\_\_\_

Doctor Name (printed) \_\_\_\_\_ Remarks: \_\_\_\_\_

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SAI signature \_\_\_\_\_ Date: \_\_\_\_\_